# **Big (User) (Health) Data Management**

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# **Questions to be addressed**

- What is (and what is not) data management?
- Where is user data in the health domain?
- Why is Big User (Health) Data management different from traditional data management?
  - Big (User) (Health) Data preparation
  - Big (User) (Health) Data mining
  - Validation

# **Data Management**

- What it is. It is the development and execution of architectures, policies, practices and procedures that properly manage the full data lifecycle needs of an enterprise." DAMA International}
- What it isn't. It is not about deciding which data to gather and which applications to build for this data (need for a domain expert)
- What makes it a science. It develops principled and reusable methods for gathering, organizing and exploiting data
  - **Gathering**: dumps, crawlers, Application Programming Interfaces (APIs)
  - **Organizing**: pre-processing and storing (because data is made persistent on disk) structured and semi-structured content
  - **Exploiting**: via exploration (search and querying languages and algorithms) and recommendation (functions and algorithms)

# (Traditional) data management

Separation between physical and logical layers

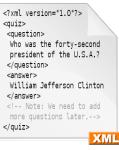
Application specification

Access optimization

Data storage and index creation

Ward No.	Ward name	Туре	No. of Beds
з	Carey	Medical	8
6	Bracken	Medical	16
7	Brent	Surgical	12
8	Meavy	Surgical	10



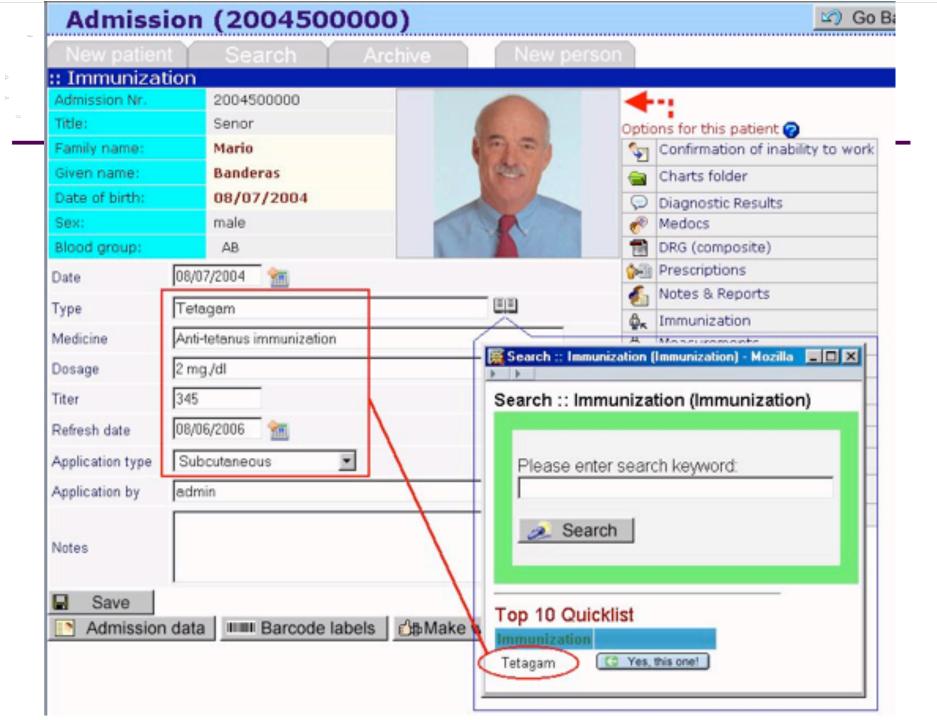


# **User Health Data**

- Electronic Health Records (EHRs)
- User-Generated Content (UGC)

# EHRs

- Physiological monitoring
- Genomics
- Anatomical imaging
- Also includes demographics, medical history, medication and allergies, immunization status, laboratory test results, personal statistics like weight, and billing information



# **Cost benefits of EHRs**

http://www.bilan.ch/economie-plus-de-redaction/lheure-decybersante-sonne/page/0/5

- McKinsey claims that cyberhealth technology can save between \$300 and \$450 billions in yearly health costs in the USA.
- PricewaterhouseCoopers estimates it at \$99 billion euros in Europe.

# **EHRs' adoption**

http://www.bilan.ch/economie-plus-de-redaction/lheure-decybersante-sonne/page/0/5

# • Slow adoption in Switzerland and in France

- Dossier Medical Personnel (DMP) in France (since August 2004) with a lot of controversy for adoption: <u>www.dmp.gouv.fr</u>
- 503 751 DMPs today (against 381,015 last year)
- The word « cybersanté » does not mean anything to 81% of the Swiss population: Institut de recherche GFS Berne for InfoSocietyDays (Feb 2014)

# In the USA

- \$24.4 billions to 4600 hospitals and 400,000 professionals
- since the adoption of the HITECH Act in 2009 by the Obama administration
  - number of private doctors using an e-health system (21.8% in 2009 against 48.1% in 2013)
  - 44% in 2013 hospitals against 12.2% in 2009

# But no clear evidence of cost reduction

# User data

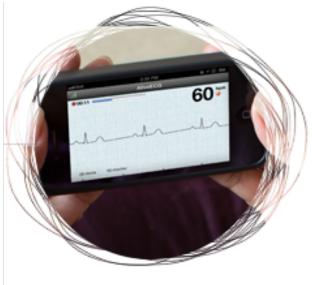
- EHRs
- UGC blurs the boundaries between user-generated, expert-generated/approved, clean/noisy data and is growing at a fast rate
  - Mobile Medical Apps (MMAs)
  - Online forums

# Mobile Medical Apps (MMAs) http://fda.gov

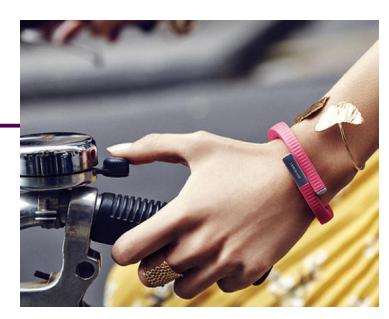
- Mobile apps are software programs that run on smartphones and other mobile communication devices. They can also be accessories that attach to a smartphone or other devices
- MMAs are medical devices that are mobile apps, meet the definition of a medical device and are an accessory to a regulated medical device or transform a mobile platform into a regulated medical device.

# **Devices and tools**

- Medical devices as wearables or as MMAs
  - thermometers, scales, blood pressure cuffs, electrocardiogram, sleep patterns
  - MyFitnessPal (> 40M users): tracks nutritional intake and monitors weight goals, connects to friends, API to connect to apps (e.g., Withings Scale and RunKeeper)
  - The 20 most popular MMAs on exercise and wellness account for 231 million downloads worldwide
- 5 years ago, it was difficult to find sensors that could fit into a handheld device, not drain power and provide good signal.



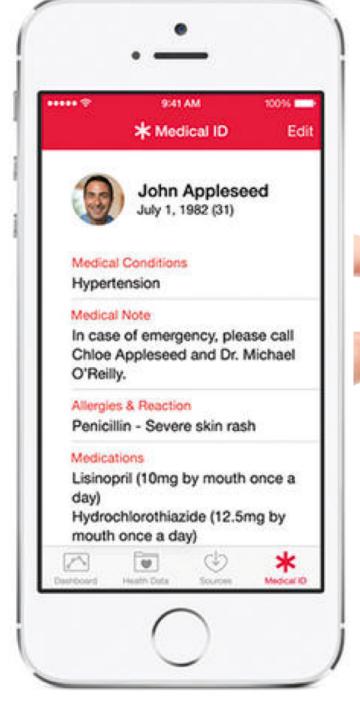
The AliveCor handheld heart monitor and a sample ECG that can be emailed to doctors and patients





Mobisante's smartphone-based ultrasound imaging system (costs 1/10<sup>th</sup> of a regular ultrasound)





# 9748

# *Quantified self with Withings*



# **MMAs categories**

# General healthcare and fitness

- Fitness & nutrition
- Health tracking tools
- Managing medical conditions
- Medical compliance
- Wellness (traditional and corporate)

# Medical information

- Diagnostic Tools including predispositions
- Continuing Medical Education (CME)
- Alerts and Awareness
- Remote monitoring, collaboration and consultation

# Healthcare management

- Logistical & payment support
- Patient health records

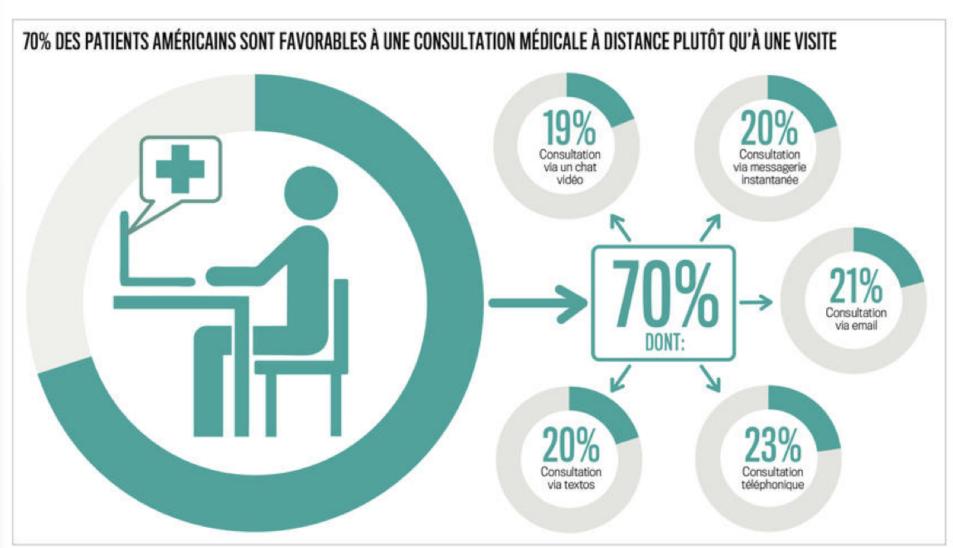
# MMAs' availability

- About 100,000 applications are available via iTunes and Google Play (European Commission - last Spring)
- For MMAs that pose minimal risk to patients, the FDA will not expect manufacturers to register:
  - E.g., help patients self-manage their disease or condition without providing specific treatment suggestions;
  - E.g., provide patients with simple tools to organize and track their health information;

# **MMAs' adoption (USA)**

http://www.bilan.ch/economie-plus-de-redaction/lheure-decybersante-sonne/page/0/5

# LA CYBERSANTÉ GAGNE DU TERRAIN



# **Online forums**

- **General:** WebMD.com (> 80M/month), health.nih.gov, healthfinder.gov, intelihealth.com, mayoclinic.org
- **Personalized:** HealthTap, "triage" system, where consumers ask doctors for the most effective way to get specific care
- **Collaborative:** YellowCard (public), PatientsLikeMe (private)
  - help patients with a chronic condition answer: "Given my status, what is the best outcome I can hope to achieve, and how do I get there?"
  - experience sharing via patient, reported outcomes, finding similar patients matched on demographic and clinical characteristics, and aggregated stats
  - CureTogether, Diabetic Connect

### patientslikeme<sup>®</sup>

Home Patients Treatments

Conditions & Symptoms Research

Gearch Help Crisis

Conditions & Symptoms > Bipolar Type II

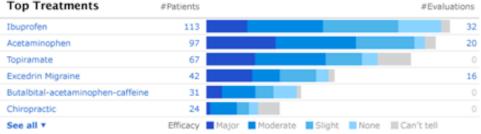
### Bipolar Type II

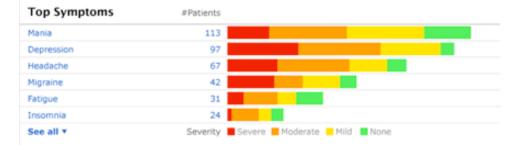
About this Condition: Bipolar II disorder is a bipolar spectrum disorder characterized by at least one hypomanic episode and at least one major depressive episode; with this disorder, depressive episodes are more frequent and more intense than manic episodes. It is believed to be under-diagnosed because hypomanic behavior often presents as incredibly high-functioning behavior. Indeed, to a physician or psyc.. Read more **v** 

Synonyms: Bipolar 2, Manic-Depressive Disorder

Do you have this? \*\*\* \* Join PatientsLikeMe and start filling out your profile today!







Demographics for this Condition

and a second second second



### Find Patients Just Like **You** ⊗

Join Now! (It's free!)

### Patient Spotlight



Rachel44 Female, 57 years, Lancaster, PA

Hi, I am Rachel and I am married to my wonderful husband of 20 years, and we have 2 wonderful sons and a daughter in law. I was diagnosed back in '84, wh... See Profile >

### Links

### PatientsLikeMe Research Updates

Take a minute to read recently published reports from the PatientsLikeMe R&D team

### What are others saying about PatientsLikeMe?

Tune in to Twitter

Find us In the News

Read patient Testimonials

PatientsLikeMe Videos

# And also, Twitter

- Web search: users express *need for information* flu medicine
- Social media: users express self information sick with the flu





# Mining user data

- UGC contains loads of valuable information for business intelligence, public health, ...
- But is also noisy, unreliable, incomplete, uncertain and subjective!
  - how to extract valuable information from raw user data?

# CrowdHealth (CNRS MASTODONS)

with Noha Ibrahim, Etienne Dublé, Sumit Sidana, Ankita Atray

## • Goal

- enable health and nutrition-related hypothesis testing in physical and virtual spaces
- extract observations from Twitter
- a collaboration between 2 CNRS institutes (INS2I and SHS) and Paris Descartes and UREN (Univ. de Villetaneuse)

# Partners

- researchers on scalable algorithms for mining personal data and times series, nutritionists, and researchers studying individuals in geographical spaces
- Budget: 30K euros since May 2014

# **Data collection**

- Started 10/2014 for a total of 366 million tweets
- This past week: 68 million tweets collected
- At this rate: 3 billion tweets/year

< timestamp, lattitude/longitude, hashtags, text, user >

- The collection process:
  - Collector (in Python) connects to the Twitter API
  - Collector asks for geo-tagged tweets
  - Twitter API provides a stream of tweets
  - Collector stores obtained tweets in a PostgreSQL

You Are What You Tweet: Analyzing Twitter for Public Health Michael J. Paul, Mark Drezde (Johns Hopkins U.) ICWSM 2011

# **Oct/Nov tweets**

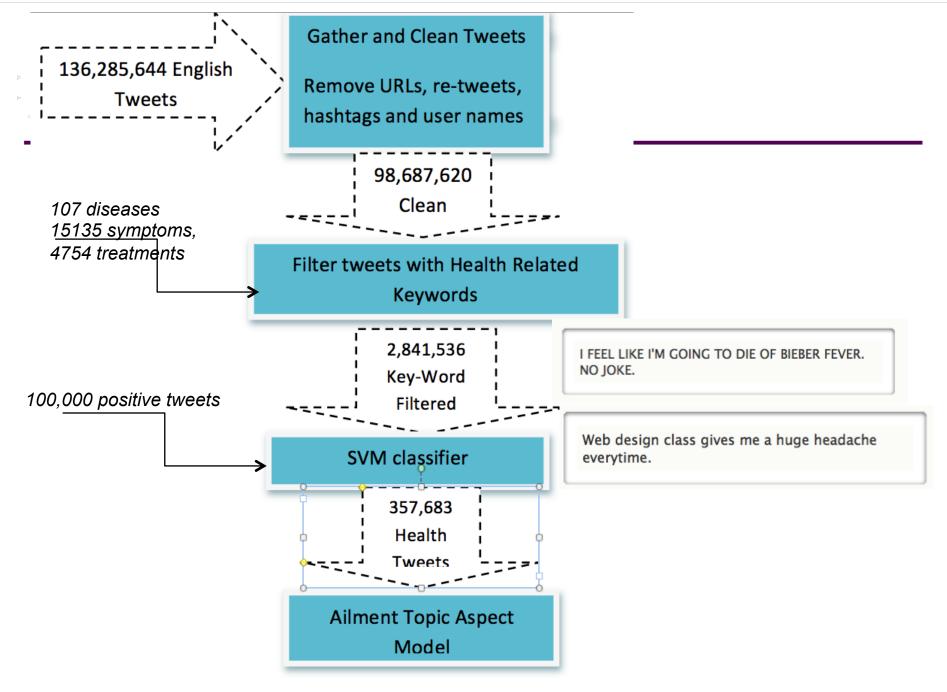
### **Provenance**

north-america 27.4% south-america 23.6% asia 22.8% europe 16.5% oceania 5.6% africa 4.1%

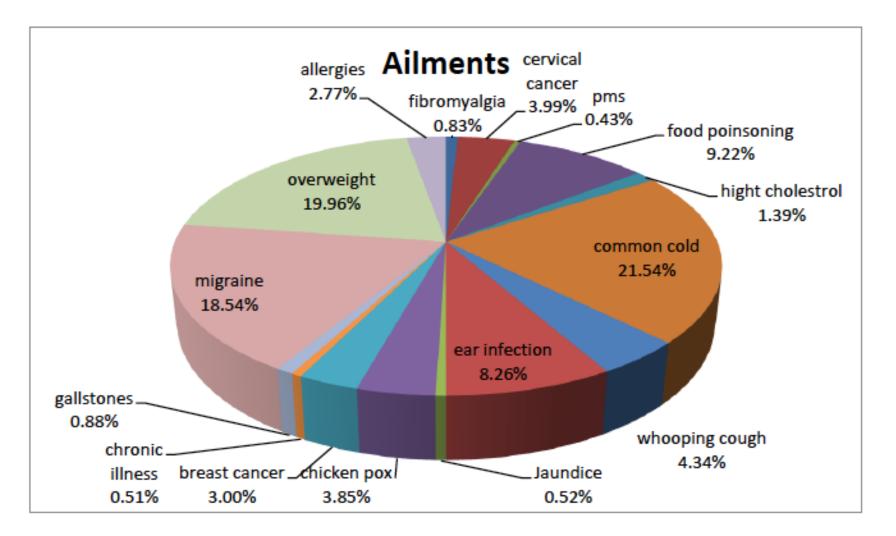
en	44%
es	19%
pt (portugais)	15%
tr (turc)	4.7%
ja	3.3%
fr	3.0%
id (indonésien)	2.7%
ru	2.4%
ar (arabe)	1.4%
it	0.9%

pourcentage

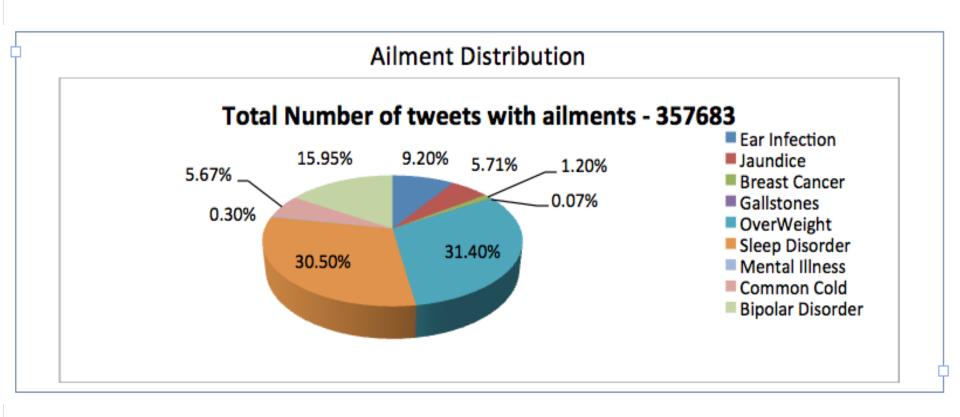
langage



# Input: 100,000 positive tweets



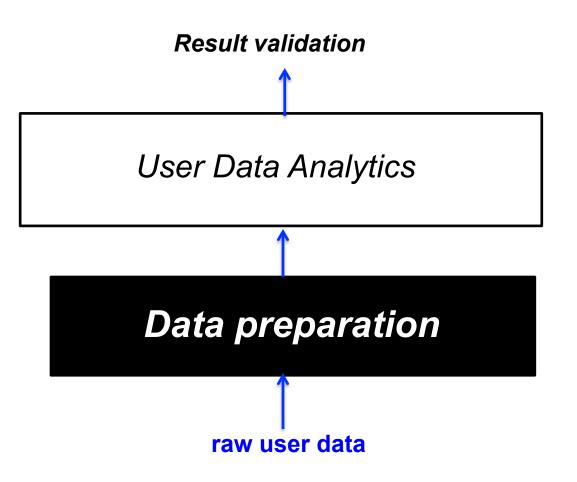
# Output: 357,683 tweets 9 (oct/nov) ailments discovered



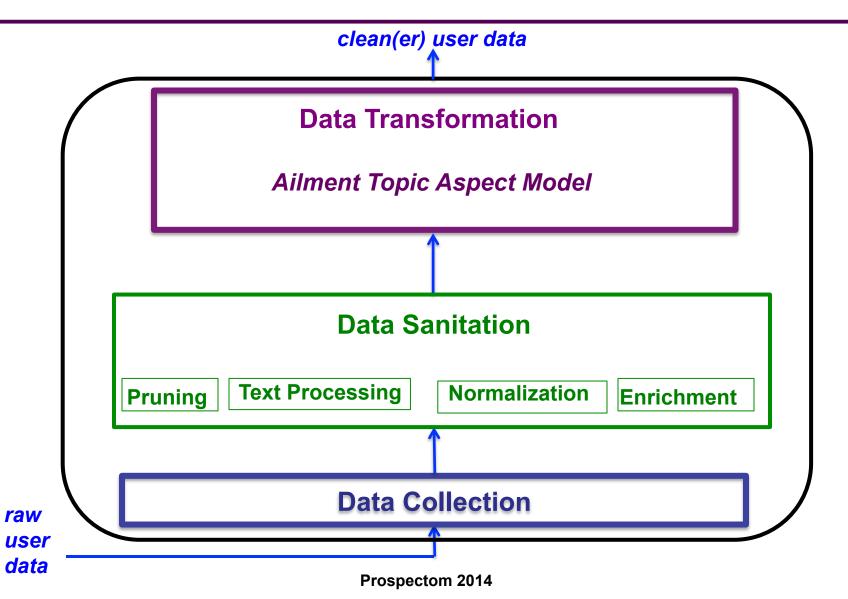
# Each tweet is a probability distribution over 9 ailments

Ailment	Allergies	Aches/Pains	Dental
General Words	allergies	body	meds
	stop	head	killers
	eyes	need	dentist
	allergic	hurts	teeth
Symptoms	sneezing	pain	pain
	cold	aches	toothache
	coughing	stomach	sore
Treatments	medicine	massage	braces
	benadryl	"hot bath"	surgery
	claritin		antibiotics

# User data management stack



# **User data preparation**



# **Positive/negative examples**

- Insanity does wonders for me. I lost 30 lbs the first month I started.
  Ailment Overweight
- Wasn't sure how much Benadryl to take for my allergies...here's to hoping I'm not passed out at my desk in an hour
   Ailment – Common cold
- I always forget I have a nose ring until I accidentally rip it out and start crying.

### Ailment – Ear Infection

 Ending my night with an unused luke Bryan ticket, an allergic reaction to a dog, and 10 other misfortunes at least I have my health !!!!!
 Ailment – Overweight

# **An exploration dashboard**



# **From London**



# **Analytics: drug use**

You Are What You Tweet: Analyzing Twitter for Public Health Michael J. Paul, Mark Drezde (Johns Hopkins U.) ICWSM 2011

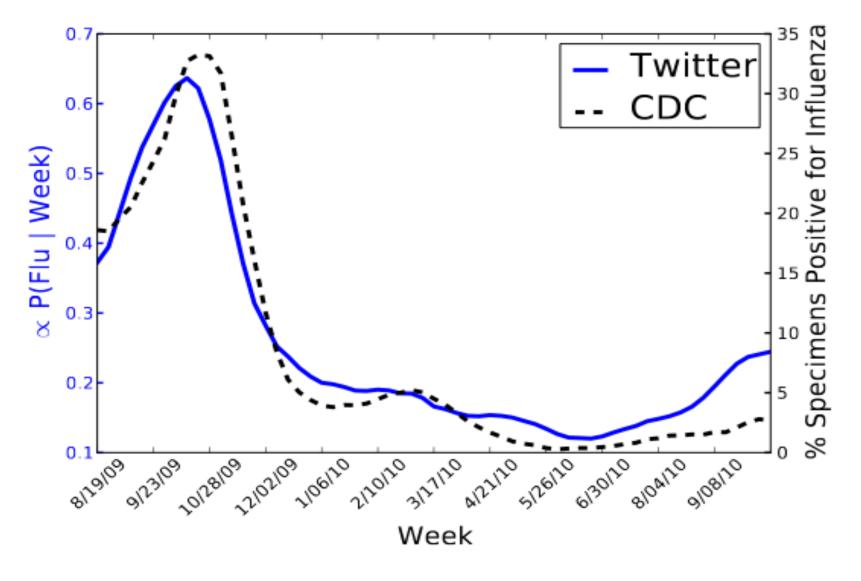
Word	#	Ent.	Most Common Ailments	
Pain Relief Medication				
tylenol	1807	1.57	HA (39%), IN (30%), Cold (9%)	
ibuprofen	1125	1.54	HA (37%), DN (21%), Aches (17%)	
advil	1093	1.08	HA (61%), Cold (6%), DN (5%)	
aspirin	885	1.04	HA (69%), IN (10%), Aches (10%)	
vicodin	505	1.33	DN (61%), Injuries (11%), HA (10%)	
codeine	406	1.94	Cold (25%), DN (19%), HA (17%)	
morphine	206	1.17	DN (59%), Infection (22%), Aches (9%)	
aleve	183	1.10	HA (62%), IN (15%), DN (14%)	
Allergy Medication				
benadryl	871	1.24	Allergies (64%), Skin (13%), IN (12%)	
claritin	417	0.54	Allergies (88%), HA (5%)	
zyrtec	386	0.49	Allergies (90%)	
sudafed	298	1.61	Allergies (39%), Cold (21%), HA (20%)	

# **Prepare**, mine then validate

- User data contains loads of valuable information for business intelligence, public health, ...
- But is noisy, unreliable, incomplete, uncertain and subjective!
  - how to extract valuable information from raw user data?
  - how to prepare raw user data *then* extract valuable information?
  - how to validate findings?
    - automatically
    - with humans

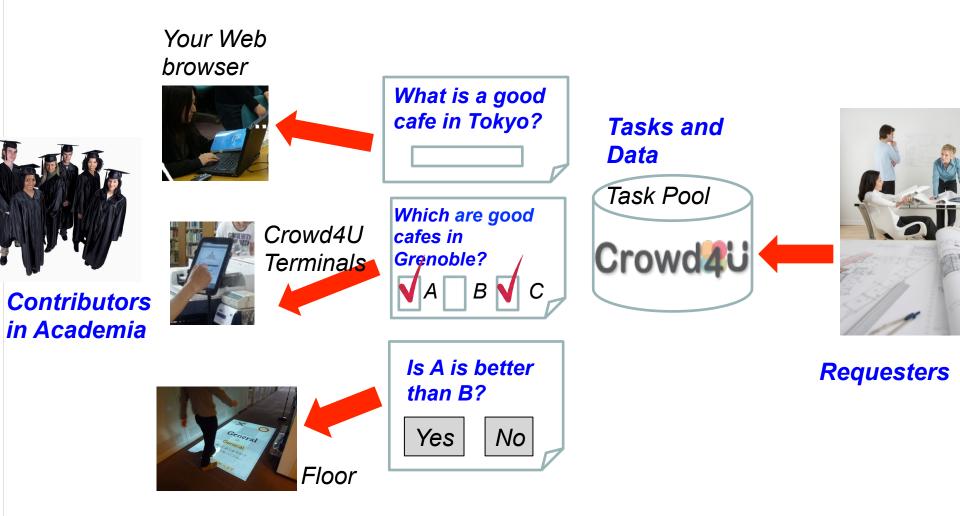
# **Flu trends on Twitter**

You Are What You Tweet: Analyzing Twitter for Public Health Michael J. Paul, Mark Drezde (Johns Hopkins U.) ICWSM 2011



Prospectom 2014





# **Crowd4U deployment**

Political Map of the World, November 2011

Hokkaido University Universiteit Hasselt University of Tsukuba RUSSIA CANADI The University of Tokyo NORT NORTH PACIFIC UNITED STATES ATLANTIC OCTAN Kyushu University Meiji University Université de Grenoble Doshisha University Ritsumeikan University BRAZIL INDIAN OCEAN ATLANTIC . Kyoto University and other 12 universities OCEAN In Japan Antereties

>900 tasks/day(Dec., 2013)

# **Next steps**

# Apply classification to nutrition

- Easier?
  - If someone tweets about pizza, he/she is likely to have had it
- Count one serving and compute carbohydrates, fat, calories
- Aggregate
- Compute observations that relate health and nutrition

# Summary

- Managing UGC is a Big Data problem
- New opportunities for domain experts
  - Large-scale analytics on user-generated content
  - Can researchers help public health officials reduce current more expensive and time consuming method?
- New opportunities for researchers in data management, data mining and related areas
  - Data preparation
  - Crowdsourcing for targeted human involvement